



THE BOMBAY CITY AMBULANCE CORPS

(FOUNDED 1930)

(Registered under Acts XXI of 1860 and XXXIX of 1950)

BRIGADE GAZETTE

GRATIS

No.698

May 2025

8th May is International Red Cross Day: We remember and salute Henry Dunant a Swiss businessman for initiating Red Cross Movement and look forward for world peace.

PART – I NOTIFICATION

95th Foundation Day

You are invited to Get together of all BCAC associates on June 2, 2025 to commemorate foundation day at 5 pm. Please convey your presence on 9930847744 by Whatsapp or SMS or email bcac1930@gmail.com so that suitable arrangements can be made.

Results of First Aid Instructors' Examination

The Examination of the students of the Specialist Instructors' Course in First Aid to the Injured (Course No I/253) of Jamsetji Tata Ambulance College was conducted in March 2025 by the Board of Examiners appointed by the Medical Board of the Society consisting of (1) Dr. A.H. Kantharia, M.D. (Bom), and (2) Dr. Girish G. Lad, M.S. (Bom.), The Board was assisted by (1) Mr. Nitin S. Lalaji, B.E. (Civil), Dip Am., Instructor in First Aid and Sanitation and (2) Mr. Balkrishna D. Sadam, M.Sc., Specialist Instructor in First and Home Nursing as assessors for practical tests. The following students have been declared successful in order of merit:

(1) Mr. Arnav Arjun Sangle, Adv. Dip. Ind. Safety (2) Mr. Avinash Harishchandra Khandekar, Dip. Ind. Safety (3) Mr. Ajay Maruti Shinde, (4) Miss Janhavi Sunil Wankhede Dip. Fire Service Engg., and (5) Miss Sudnya Shivnath Banerjee, M.F.A.

Awards

1. Mr. Arnav Arjun Sangle, Adv. Dip. Ind. Safety has been awarded the "First Aid Instructors' Cup" for standing first in the examination.

2. Mr. Avinash Harishchandra Khandekar, Dip. Ind. Safety has been awarded the "First Aid Instructors' Prize for standing Second in the examination

Basic First Aid

Basic Course in First Aid to the Injured (May – June 2025, 16 sessions including examination), in English medium, will be conducted under the aegis of Jamsetji Tata Ambulance College from Monday, July 7, 2025 for 2 hours in

the evening on Mondays and Thursdays. Tentative Time - Table is displayed on the college notice board.

Enrollment will be at the sole discretion of the Commandant of the College. **Those desirous of enrolling in the course should send WhatsApp message to Lt. Kansara on 981949871 or Captain Lad on 9930847744 from June 15 to 30, 2025. Enrolment form and Time Table will be sent. Last date for submitting the form is June 30, 2025, 8 pm.**

Successful participants will be eligible for the Instructor's Course commencing in September 2025

Members and Well-wishers are requested to do wide publicity of the course.

NEWS

Government Recognition and Permanent Grant

The Government of Maharashtra, Medical Education and Drugs Department, has been pleased to accord recognition to the College of Ambulance and to sanction the payment of the recurring TOKEN grant-in-aid of Rs. 30,000/- per year to the Society towards maintenance of the College, on a permanent basis, from the year 1983-84 onwards vide Government Resolution No.GHD-1082/2666/MED, 4-B dated the 28th July 1983. **TOKEN grant-in-aid for the year to the Society towards maintenance of the College, was not received from the Government**

Aatmabodh Academy of Yoga

Aatmabodh Academy of Yoga have:

1. stopped all the activities in the premises of the Bombay City Ambulance Corps from 16th March 2025
2. All the belongings of the Aatmabodh Academy of Yoga and its associates have been transferred to Kandivali from the premises of The Bombay City Ambulance Corps

Rooms used by the Aatmabodh Academy of Yoga and its associates have been vacated on the same day.

Service Station's Statistics for the year 2024-25

Months 2024 & 2025	Calls Registered	Removal Services Performed	Services without donations	Donations Received		Run of Amb. Car No. 13 in Kilometers
				Removal Services (Rs.)	Station Fund (Rs.)	
April	23	42	32	3,800.00	0.00	372
May	15	27	22	2,000.00	3,200.00	247
June	16	30	28	1,200.00	39,185.00	390
July	17	29	27	2,450.00	250.00	388
August	14	28	27	600.00	14,000.00	282
September	15	27	24	1,500.00	0.00	286
October	17	30	27	2,100.00	23,000.00	346
November	17	30	27	1,100.00	0.00	269
December	19	30	24	3,700.00	0.00	365
2025						
January	15	29	27	0.00	6,200.00	344
February	17	29	27	3,500.00	47,260.00	370
March	28	49	43	2,500.00	47,600.00	429
TOTAL	213	380	335	24,450.00	1,80,695.00	4,088
Total services rendered till March 2025 : 83,008						
April	25	57	53	2,000.00	15,000.00	423
Total services rendered till April 2025: 82,290						

OUR TELEPHONE NO. : 2201 42 95 • Website : www.bcac.co.in • E-mail : bcac1930@gmail.com

Donations to Station Fund

We have received following donation to the Station Fund of the Society: -

Date 2025	Amount Rs.	Donations Received from
March 10	6400.00	Saran Presents
March 10	6400.00	Saran Presents
March 10	6400.00	Saran Presents
March 10	15000.00	Mumbai Port Sports Council
March 25	6400.00	Saran Presents
March 25	700.00	Vedant Bhandare
April 15	10000.00	Mr. Balkrishna Dhondu Satam
April 25	5000.00	Mrs. Sumitra B. Mehtalia

Donation to Corpus Fund

We have received following donations to the Corpus Fund of the Society for Free Ambulance Service:-

Date 2025	Amount Rs.	Donations Received from
March 27	10,000.00	Verma Trust for Prevention of Ind Accidents
April 10	10,000.00	The Harjivan Vassonji Charitable Trust
April 24	50,000.00	Minu Mehtalia Family Trust

Note: We place on record efforts taken by Dr. Saumeel Mehtalia for the above donations from Mehtalia family. We wish other members also put in such efforts to get donations.

Donation to General Fund

We have received following donations to the General Fund of the Society.

Date 2024	Amount Rs.	Donations Received from
March 3	21000.00	Aatmabodh Academy
March 8	12000.00	Miss Sudnya Shivnath Banerjee
March 10	21000.00	Miss Sudnya Shivnath Banerjee
March 25	12000.00	Miss Sudnya Shivnath Banerjee
March 27	10,000.00	Mr. Nitin Pravinchandra Doshi

Public Duty

Ambulance Car 13 (MH-01-CV-6683) with trained staff and equipment such as First Aid box, extra stretcher, oxygen cylinder etc., was posted at Football Ground for football matches as under:

Sr. No.	Organizer	Date 24-25	Time
1	Mumbai Port Sports Council	Oct. 5	8.30 am to 5.30 pm
2	Garware Club	Dec. 31, 2024 - Jan. 1	7.30 pm to 3.00 am

Sr. No.	Organizer	Date 2024-25	Time
3	NCPA	Jan. 16	8.30 pm to 3.30 am
4	Saran Presents	Nov. 12, 19, 20, 26 Dec. 14 Jan. 25, Feb. 1, Feb. 2, 15, 16, 22, & 23 Feb. 8	9.30 am to 7.00 pm 8.30 am to 7.00 pm 8.30 am to 7.30 pm 8.30 am to 7.00 pm 8.30 am to 6.00 pm

PART II**TYPES OF HEART DISEASE
FROM ATHEROSCLEROSIS TO ARRHYTHMIAS**

Dr. Hemant Khemani

Heart disease encompasses a broad spectrum of cardiovascular conditions, each with its own unique characteristics and challenges. Understanding the various types of heart disease is crucial for recognizing their symptoms, seeking appropriate care and taking preventive measures. Heart break down several common types of heart disease, including Coronary Artery Disease (CAD), Myocardial Infarction (Heart Attack), Valvular Heart disease, Arrhythmia, and Heart Emergencies.

Coronary Artery Disease (CAD)

Coronary Artery Disease, often referred to as CAD, is a widespread form of heart disease. It occurs when the coronary arteries responsible supplying Oxygen-rich blood to the heart muscle, become narrowed blocked by a buildup of fatty deposits known as atherosclerosis. The narrowing of arteries restricts blood flow to the heart, increasing the risk of angina (Chest Pain) and heart attacks.

Myocardial Infarction (Heart Attack)

Myocardial Infarction, commonly known as a heart attack, is a severe cardiac event resulting from a sudden blockage of blood flow to a part of the heart muscle. These blockages typically arise from the rupture of a plaque in the coronary arteries. Symptoms of a heart attack include chest pain or discomfort, shortness of breath, nausea, and radiating pain to the arm, neck, or jaw. Prompt medical attention is critical to limit heart muscle damage.

Valvular Heart Disease

Valvular Heart disease pertains to issues with the heart valves. The heart valves are essential for maintain proper blood flow through the heart chambers. Three valves can become damaged or weakened due to congenital defects, infections or aging. Valvular Heart disease can lead to symptoms like shortness of breath, chest pain, and fatigue, and may require repair or replacement.

- Courtesy The Times of India

DONATION APPEAL

The Bombay City Ambulance Corps a society and a charitable trust provides free ambulance services and ambulance education. Except for the ambulance staff and a menial staff everybody renders honorary services to the society. The maintenance of the society mainly depends on voluntary donations.

Donations to the society are exempted from payment of Income Tax u/s 80G. We therefore appeal well-wishers for generous donations to following funds.

1. New Ambulance Car Fund. We have so far received donations of Rs. 3, 11, 111/-. We need about Rs. 12,00,000/- more for purchase of New Ambulance Car in 2027 when the present car will have to be put out of service under RTO requirements (maximum 8 years)

2. Ambulance Service Station Corpus Fund. Interest income of the endowment can be utilized for the FREE First Aid and Ambulance Service.

3. Service Station Fund

4. Building Painting Fund. The building has to undergo major repairs post structural audit. We have set aside Rs. 8, 44,000/-. We need about Rs. 8, 00,000/- more.

Donations may be paid by Crossed order Cheque in the name of "THE BOMBAY CITY AMBULANCE CORPS".

KINDLY VISIT OUR WEBSITE TO READ BRIGADE GAZETTE - bcac.co.in

Edited and Published by Captain R. J. Lad, D.E.R.E., Dip. Amb. Work, Officer Commanding, The Bombay City Ambulance Corps, at Head Quarters, 21 New Marine Lines, Mumbai - 400 020 and printed by him for the owners of the Publication "The Bombay City Ambulance Corps."

BOOK-POST

To,



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